

## Dilemmas!

*For each dilemma/situation below, use the steps of the decision making model to decide what you would do. Put your answers on a separate sheet of paper.*

1. You are very attracted to someone in your school named Kris, but a friend recently told you that Kris smokes. Decide whether you should pursue your interest in Kris.
2. You have a friend who smokes cigarettes and is hesitant to quit. He says smoking has never made him feel sick, and that it's not going to harm him. What would you tell him?
3. Your best friend was drinking at the party last Saturday night. You think she may be drinking often, but you're not sure whether you should say something to her about it. What do you think you should do? What are some long- and short-term consequences for her health?
4. Terry is someone you've always wanted to be friends with, so you're pretty happy the two of you have started to do stuff together. Unfortunately, one thing Terry really likes to do most is skip class and go to the beach. You haven't done it yet, but Terry wants the two of you to cut math class Friday. You don't want to miss the class; you have a quiz the next week, and you'd feel really funny about cutting a class anyway. But you also don't want to lose Terry's friendship. What would you do?
5. Some close friends of yours have started using alcohol and other drugs on a regular basis. Decide whether you want to continue associating with this group of friends.
6. You know your friend Juliette has been depressed lately, but every time you ask her what's wrong, she changes the subject. Then one day you notice a bruise on her face that she's tried to cover with makeup. At first she tells you that she got hit in the face with a softball, but then, leaning against her locker and crying, she admits that her stepfather beat her up. "He knocks me around every time he has a bad day at work," Juliette says. "Mom doesn't even know about it because she gets home from work after he does." "Why don't you tell your mother about it?" you ask. But Juliette shakes her head. "I don't want to break up Mom's marriage. She's happier now than she's been in a long time."

That night you keep thinking about Juliette. You want to help your friend, but you don't want to make her situation worse. What would you do?