

# AP World History

## Writing a CCOT Essay

### Continuity and Change over Time Essay

The following is the College Board Rubric with examples from a prior question:

Question:

Analyze social and economic transformation that occurred in the Atlantic world as a result of the new contacts among Western Europe, Africa and the Americas from 1492 to 1750.

1.	Has acceptable thesis. (Addresses the global issues and the <b>time period(s) specified.</b> ) In order to earn this point your thesis must be in the introductory paragraph. It must address the entire scope of the time period and the entire scope of the question. Thesis must <b>explicitly</b> address social AND economic transformations. Use specific words in question to explicitly address	Points 1
2.	Addresses all parts of the question, though not necessarily evenly or thoroughly Your essay must address both changes AND continuity. You may decide to have one paragraph just to support your continuity argument. You should also have multiple examples of social AND economic changes.	Points 2
	Addresses most parts of the question: for example, addresses change but not continuity	Points 1
3.	Substantiates thesis with appropriate historical evidence. Try for FOUR pieces of historical evidence, TWO for social and TWO for economic if possible. Identify, define and then provide analysis for each piece of historical evidence (fact). Use items in your ID lists for this.	Points 2
	Partially substantiates thesis with appropriate historical evidence.	Points 1
4.	Uses relevant world historical context effectively to explain continuity and change over time. Relate what is going on in the region you are writing about with general trends occurring globally in the same time period. In other words, make a connection, could be a comparison or a contrast between what's going on in your region and what's going on globally.	Points 1
5.	Analyzes the process of continuity and change over time. Explains the reasons for the changes. Use transitional words/phrases for this: because, as a result, due to, etc. See "Transition & Signal Words" List "Sequence and Chronological Order Stems" and "Cause and Effect Stems"	Points 1
	Subtotal	7
	Maximum	9

## Steps to Writing a CCOT

1. Read the question carefully and underline words that you plan to use to EXPLICITLY address the question in your thesis and throughout the body paragraphs.
2. Preplan before writing. You may want scribble and organize your thoughts similar to the “Outlining An Essay” format on the webpage.
3. Follow the BAR organization in your introductory paragraph.
4. The following is just one of many ways that you can organize a CCOT essay.

### Directions:

Underline key words in the following question. Key words are those that you would use over and over again in the intro and body paragraphs.

### Questions:

Analyze academic and extra-curricular changes and continuities occurring among classmates between 2007 and 2011.

Directions: Identify the BAR in the following introductory paragraph:

There were many academic and extracurricular changes occurring in classmates from 2007 to 2011. Students became busier and more involved in their schooling throughout this period. In 2007 most were enjoying good grades while putting forth very little effort and were involved in neighborhood recreational sports teams. By 2011 they were now struggling with more rigorous courses and involved in their school’s varsity teams. Reasons for these changes include starting high school, taking AP instead of Honors courses and switching sports teams. One thing that remained the same was their close relationship with their friends.

Under word(s) that indicate change

Circle word(s) that indicate continuity